



CAMP Weekly Menu

Milk and water will be available at all meals/snacks

Week of: _____ to _____

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Apples Granola Yogurt	Multi Grain Cheerios Orange Slices	Mini Bagels with Cream Cheese Banana	Mini Muffins Grapes	Rice Crispies with Milk Pear Slices
Lunch	Mac and Cheese with Beef Mixed Veggies	Chicken Nuggets Rice Salad	Spaghetti with Meat Sauce Corn	Chicken or Veggie Shawarma Sweet Steamed Corn	Pizza Party
PM Snack	Chocolate chip cookies Bananas	Hummus Pita Cucumbers	Trail Mix Apple Sauce	Crackers Cheese Cherry Tomatoes	Banana Muffins Watermelon
Additional Snacks/Meals					



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Week of: _____ to _____

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Granola Bar Pear Slices	English Muffins with WOW Butter Apple Slices	Shreddies and Milk Orange Slices	Mini Croissants With Fruit Jam Grapes	Fruit Bars Yogurt
Lunch	Chicken Wraps Fruit Salad	Grilled Cheese Steamed Veggies	Mac and Cheese Green Beans	Chicken Rice Mixed Veggies	Pizza Party
PM Snack	Yogurt Apple Slices	Cucumber Carrots Dip	Cheese and Crackers Pear Slices	Finger Sandwiches Watermelon	Pound Cake Grapes
Additional Snacks/Meals					

Note: When substituting a menu item, cross out the item and write the substituted item(s).

Halal and Vegetarian options are available upon request.